

Book Launch: Andy McGovern's book: "Against the Odds, Living with Motor Neuron Disease" will be launched on this Sunday 10th of February at 4 pm in McCaffreys Bar, Aughavas. All are welcome.

Lourdes Sick Pilgrims Collection: Aughavas €585.00; Cloone €267.00

Leitrim VEC Adult Education Classes commence in Aughavas Community Centre on Thursday 14th February 2013. An Gaeilge—8 to 9 pm; Traditional Music Classes—9 to 10 pm. Beginners and Improvers welcome.

Aughavas Parish Concert will take place in the Community Centre on Friday 22nd February 2013 at 7 pm. Raffle Prizes appreciated.

Knitting & Crochet each Wednesday night from 8– 10 pm in Aughavas Community Centre. Everybody welcome.

World Day of Prayer on Friday 1st March in the Church of Ireland, Aughavas. Everybody welcome.

Could €50 Save Your Life? 1 out of 3 deaths in Ireland are Heart related! Are you at risk? Pulsewave Ireland are offering medically approved non-invasive heart & artery screenings in The Radisson Blu Hotel Sligo on Monday 18th February & The Landmark Hotel Carrick-on-Shannon on Tuesday 26th February. Call 087 6995357 for appointments or log onto www.pulsewaveireland.net. Prices are as follows : Adults €50, Couple €80, Medical Card/OAP's €40. Mention your parish when booking and a donation will be made to parish funds.

St. Joseph's NS Aughavas Parents Association are holding their Annual Church Gate Collection next weekend 16th & 17th February. Your donation will be much appreciated.

Irish Blood Transfusion Service clinic in St Brigid's Community Centre, Loch Gowna on Monday 18th February 2013 and Tuesday 19th February 2013 from 5.00 pm—8.30 pm.

'A boat is safe in a harbour, but this is not the purpose of the boat' - Paulo Coelho

Offertory Collection: Aughavas € 597.00; Cloone € 650.00.

Lent 2013

During the season of Lent we are invited to take up the ancient discipline of Prayer, Fasting and Almsgiving, not as ends in themselves but because through them we come to know God's love.

What we do for Lent should be practical and realistic.

1. **Prayer:** Set aside part of each day to be with the Lord, first thing in the morning or perhaps at the main family meal.
2. **Fasting:** give up alcohol, give up cigarettes, curtail food, but also try to deny yourself the urge to gossip or to give in to despair.
3. **Almsgiving:** be generous. God loves a cheerful giver. Give from the heart. God will bless and reward you.

Prayer:

Lord God, our light and our salvation,

we praise you for your gifts of life and faith.

We thank you for the desire that you have planted in our hearts,

Our yearning to see your face.

Help us to meet you in prayer, to walk in your ways,

and to speak to others of our joy and consolation in your presence.

Give us faithfulness in this present life,

so that we may come to know and praise your beauty,

with all our brothers and sisters in the life to come.

We make our prayer through Christ our Lord.

Amen (Walk with me)



Aughavas & Cloone Parishes

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10th Feb. '13

FIFTH SUNDAY IN ORDINARY TIME

The season of Lent begins on Wednesday. It is a day of Fast and Abstinence in which we Fast from Flesh Meat.

Our Holy Father Pope Benedict XVI in his message for Lent, has concentrated his reflection for the 40 days of prayer, penance and almsgiving in Lent to “the indissoluble interrelation” between faith and charity.

He says “The celebration of Lent, in the context of the Year of Faith, offers us a valuable opportunity to meditate on the relationship of faith and charity: between believing in God—the God of Jesus Christ— and love, which is the fruit of the Holy Spirit and which guides us on the path of devotion to God and others.

The Ashes we receive on our foreheads are an austere and symbolic gesture in which we acknowledge that we are sinners and wish to return to God. The words of the two formulas used emphasise the penitential nature and the passing nature of life.

1. **“Remember that you are dust, and unto dust you shall return”** (Gen. 3:19)
2. Words spoken by Jesus at the beginning of his public ministry: **“Repent and believe in the Gospel”** (Mk 1:15).

This Sunday is a day of prayer for Temperance, a day in which we focus on the dangers and damage of over indulgence in alcohol and the devastation it can cause to individuals and families.

It also draws attention to the damage and devastation that Drugs bring to all who indulge in them.

Masses:

Aughavas: Sat. 9/2/'13. 7.00 pm. Eddie Heslin Druminbawn A

Cloone: Sun. 10/2/'13. 10.00 am. Owen Mitchell Drumlegga A

Aughavas: Sun. 10/2/'13. 11.30 am. Turlough Conefrey Lisgilloc A & His Granddad Pat Campbell Killoe who died recently.

Aughavas: Wed. 6.30 pm **Distribution of Ashes**

Cloone: Wed.8.00 pm Mary Donnelly London & Esker MM **Distribution of Ashes**

Aughavas: Thur. 10.00 am

Aughavas: Fri. 10.00 am

Aughavas: Sat. 16/2/'13 7.00 pm Sean & Vincent McBrien Aughavas A

Cloone: Sun. 17/2/'13 10.00 am Tommie & Lizzie Reilly Edenbawn A
 Deceased of Dillon Family Bridge House A

Exposition of the Blessed Sacrament:

Aughavas: Monday 6.00 pm to 8.00 pm.

Cloone: Tuesday 8.00 pm to 9.00 pm.

The Missionary Sisters of St. Peter Claver will be in both parishes on the **2nd and 3rd March '13** to appeal on behalf of the missions at all masses. They will tell us about their work and will be grateful for your financial support.

The Poor Clare Sisters Drumshambo will be on retreat from Friday February 15th until Monday 25th February inclusive.

The Convent will be closed during the retreat.

The Chapel will be open as usual.

Masses will be at 8.00 am on Weekdays and at 9.00 am on Sundays.

Trocaire Boxes are available in the Porches of both Churches. Please bring a box home with you.

Encounter - being @ home with God: 2 night overstay in Scripture Union's Ovoca Manor from 10th—12th February. Cost: €90 per child incl: Bus, Food, Guest Speakers, Activities & Stay over! Contact Fr. Sam or Anita/Olivia/Kay at Youth Ministry Centre, St. Mary's Hall, Northgate St., Athlone. Phone 090 6473358 or email info@aym.ie before 8th February.

" An Irish Essay Writing Course will take place in The Shamrock Lodge Hotel, Athlone on the 11th Feb 2013, from 11:00am - 4:00pm, for 5th and 6th year higher level students. To book your place please phone 0877017966"

Gwen Fitzgibbon, Nutritional Therapist specialising in weight loss will be in Cloone Community Centre every Monday evening at 7.30 pm or 8 pm costing €7. For further information contact Gwen on 087 1432733.

Yoga Classes starting in Newtowngore Hall- Tue 12th February at 7.30 for 5 weeks. Bring a mat or blanket. Contact Julie for info - 087 1252213.